

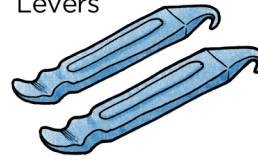
# How to Fix a Flat

You can do it!

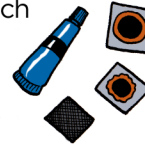


## 1. Meet our flat tire kit!

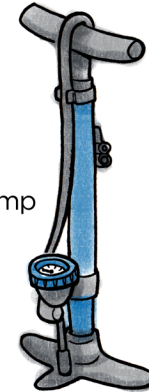
Levers



Patch Kit

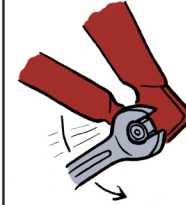


Pump



## 2. Remove your wheel.

Flip up the quick release handle and spin it counter-clockwise to loosen.



No quick release? Use a wrench to loosen the bolt (usually 15mm).

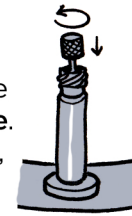
You may have to loosen your brakes to get the wheel off.

## 3. Let any air out of the tube.

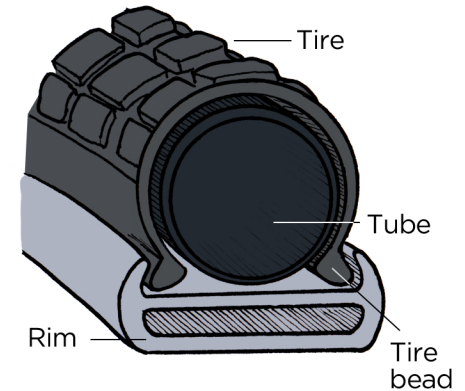


If your valve looks like this, it's a **Schrader valve**. Push the little bit inside to let the air out.

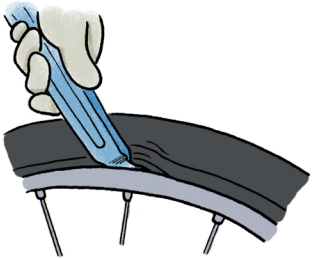
If your valve looks like this, it's a **Presta valve**. Unscrew the top part, then press it down to let the air out.



## 4. Bike wheel cross-section:

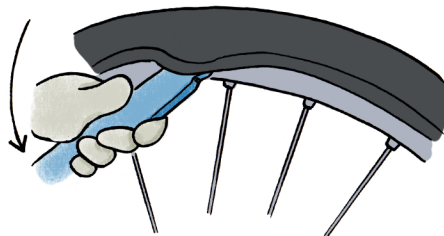


## 5. Stick the lever between the tire and the rim.



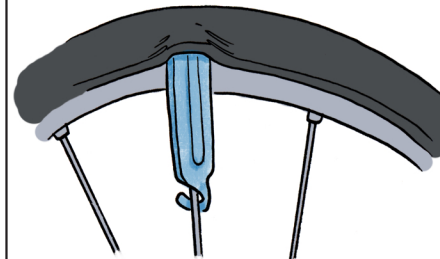
Hook the lever under the tire bead closest to you. Try not to pinch the tube with the levers.

## 6. Push lever handle down.



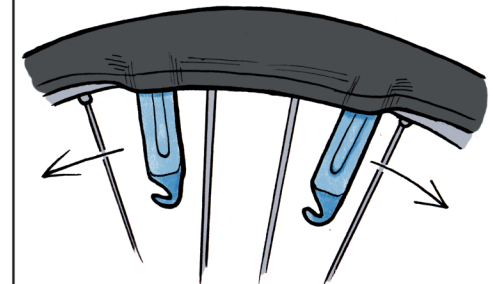
Your tire might be on there pretty tight! Use leverage between the lever and the rim.

## 7. Hook lever around spoke.



That will hold it in place while you insert a second lever and repeat steps 6 and 7.

## 8. Push the two levers apart.



Work the levers around the rim until you've completely removed the tire from one side of the rim.